

“The Edge” Sunday, September 19, 2010
The Battle We Face

Read [Galatians 5:16-17](#) together and answer the following questions.

1. In the verses you just read Paul describes two things that are at odds with one another. What are they, and how are they at odds with one another?
2. Why do Christians sin? Be open and honest with one another and discuss some of the things you battle against on a regular basis.
3. How do we avoid doing what our sinful nature craves?
4. What does it mean to let the Holy Spirit guide you?
5. In what way is verse 17 the resolution to the conflict pictured in verse 16?
6. Pray together and thank God for the new nature that comes from a having a personal relationship with Jesus. Ask the Holy Spirit to help you make good choices and to guide and direct your lives.

Read [Romans 7:18-19](#) together and answer the following questions.

1. According to Romans 7:18-19, how would you respond to a person who claims that changing our behavior will solve our problem?
2. Does anything good come from our sinful nature?
3. To win the battle that rages on between our sinful nature and our new nature we must have a battle plan. The good news is that God has given us the battle plan already! The plan is in the Bible. We must feed ourselves on the Bible otherwise we are going to lose constantly. Discuss how you “feed yourself on the Bible” now. If you are not spending time in your Bible daily, discuss what steps you can take together to do that and then hold one another accountable to feed on the Bible daily.
4. Talk about a “battle plan” that you can put into place in your life to keep you following the new nature.
5. Pray together as a family and thank God for the relationship you have with Him. If you do not have a personal relationship with Him, it’s never too late. Please talk to Pastor Dana or one of your leaders on how you can have that relationship. Finish your prayer asking God to help you be consistent in fighting the battle the right way.

For further discussion topics on this subject read the following:

- [1 Peter 2:11](#)
- [Romans 7:23](#)
- [Roman 8:12-14](#)